

Haywood County Meals on Wheels

LUNCH



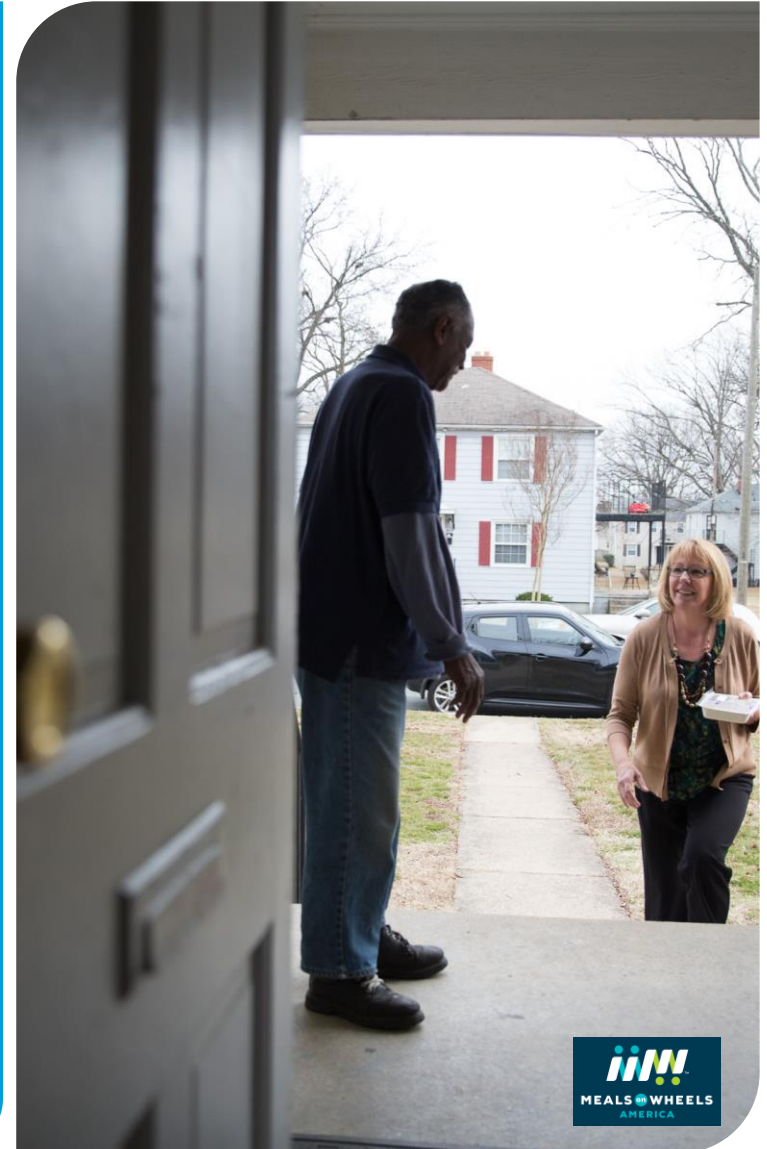
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AMERICA, LET'S DO LUNCH™

Haywood County Meals on Wheels

OUR MISSION

To provide nutritious meals, friendly visits and safety checks that enable seniors and homebound individuals to live nourished lives with independence and dignity through the efforts of staff and volunteers.



**Food insecurity
among seniors
is increasing
while the
population of
seniors is rising**



**5.3 MILLION
ADULTS 60+
ARE FOOD
INSECURE**

**4 MILLION MORE
FACE THE THREAT
OF HUNGER**



Food-Insecure Seniors Face Serious Health Challenges



Compared to their food-secure peers, food-insecure seniors are:

60%

MORE LIKELY TO
EXPERIENCE
DEPRESSION

53%

MORE LIKELY TO REPORT
A HEART ATTACK

52%

MORE LIKELY TO
DEVELOP ASTHMA

40%

MORE LIKELY TO REPORT
AN EXPERIENCE OF
CONGESTIVE HEART
FAILURE

Consistent access to nutritious foods improves the effectiveness of medications and helps seniors stay healthy and strong.

Source: *Spotlight on Senior Health*

Meals On Wheels Is An Effective And Proven Public-private Partnership



We can provide a senior Meals on Wheels for **1 YEAR** for roughly the same cost as **1 DAY** in a hospital.



Investing in Meals on Wheels is a **WIN-WIN** for our families, our communities and our nation.

Source: *Meals on Wheels America*

Collectively Meals on Wheels programs fight three of the biggest threats from aging:

HUNGER



NUTRITIOUS MEAL

ISOLATION



FRIENDLY VISIT

SAFETY

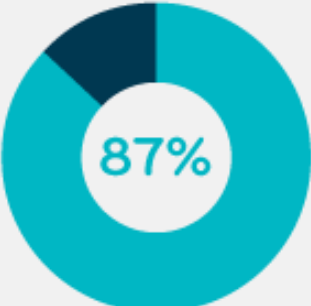


SAFETY CHECK

Meals on Wheels Programs Deliver Impactful Programs Keeping Seniors in Their Own Homes



say it enables them to remain living at home



say it makes them feel more safe and secure



say it improves their health

Source: *Meals on Wheels America*



DID YOU KNOW.....

THE NUMBERS

Total Number Meals Served 2018-19

35,000

Total Number Hours Served 2018-19

8,160

Total Number of Volunteers

200

Total Unique/Unduplicated Clients Current

150

MORE
THAN
JUST
A
MEAL

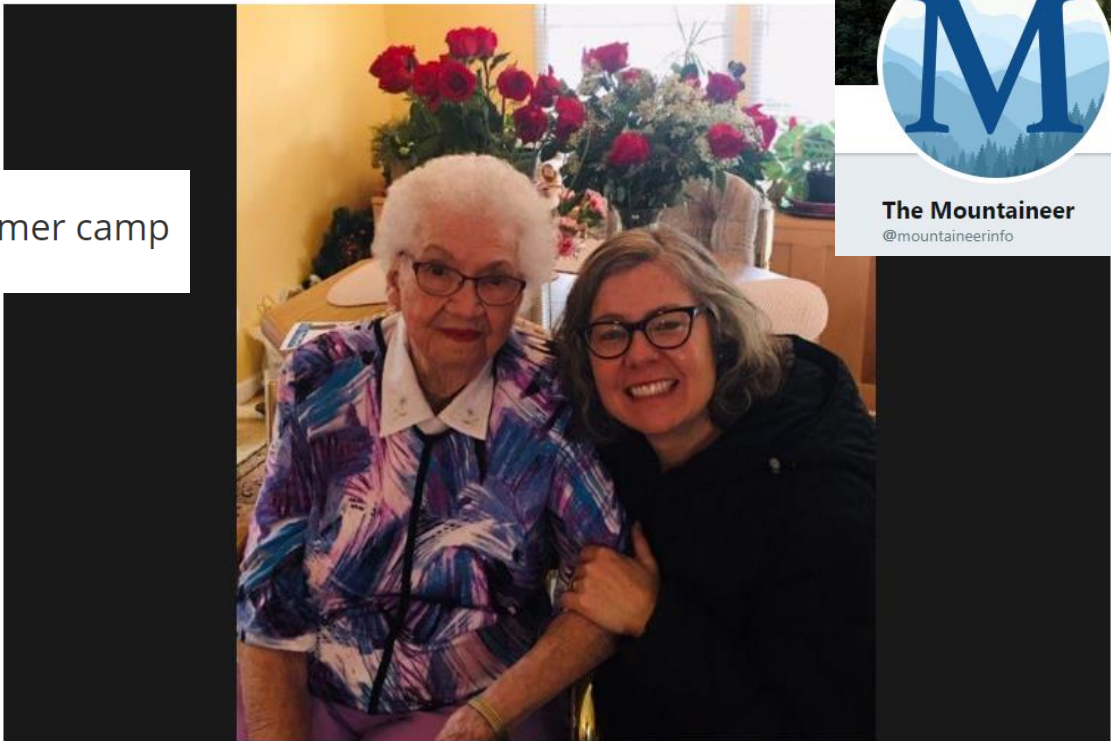
In the News.....

Campers learn core values at Sheriff's summer camp

By Lindsay Regner Jul 22, 2019 0



By Steffie Duginske Special to The Mountaineer Mar 19, 2019 0



The Mountaineer
@mountaineerinfo

FAST FRIENDS — Estelle Timbes and Steffie Duginske became friends as part of Duginske's job overseeing the Haywood County Meals on Wheels program.

f t e b l

This past February, a rare milestone for a Haywood County Meals on Wheels recipient, Estelle Timbes, turned 100 years old.

OUR MOST IMPORTANT GOALS.....

Serve our Recipients WELL



OTHER THINGS TO KNOW ABOUT OUR PROGRAM



We strive to serve **QUALITY MEALS**. ALL meals are reviewed and approved by a Registered Dietitian and provide 1/3 of the daily nutritional requirements.



All Staff are **SAFE PLATES CERTIFIED**
Coop Extension/NC State



HEALTH INSPECTION SCORE. Like restaurants, our kitchen is inspected at random quarterly by the Health Department.



\$ DONATIONS
\$ GRANTS
\$ FUNDRAISING
We are grateful Haywood County supports our program. We also rely heavily on the support of donations to keep our program running.

Collaboration Within the Community

- Haywood Gleaners
- Twiggs & Leaves Christmas Cards
- Junaluska Elementary School 1st & 2nd Graders Placemats
- Maggie Valley Community Garden
- Waynesville Garden Club
- Western Carolina Dog Fanciers Association
- Retired Teachers – Pet Food Donation
- Friends of Meals on Wheels
- VFW & Elks – Thanksgiving & Christmas Meals
- Personal Crop/Food Donation
- Haywood County Law Enforcement
- AND MORE.....



WE SERVE MAPLE LEAF.....

adult
day
services



WE SERVE PETS.....

cat and dog food

**through
community
pet food
donations**



CLIENT AND VOLUNTEER RESOURCES



WE ARE HERE TO HELP YOU BREAK FREE FROM NICOTINE ADDICTION.

We support your tobacco cessation goals with proven techniques to make quitting feel manageable.

Free LOCAL Support

828-356-2272

Megan Hauser

Health Educator

Tobacco Treatment Specialist

A Program of the Haywood County
Health & Human Services Agency

Additional State Support

1-800-QUIT-NOW

QuitlineNC

1-800-784-8669

Free Confidential Support 24/7
Support

quitlinenc.com

We Serve ALL Walks of Life



While many think MOW is only for those financially in need, we serve any qualifying senior a resources are available.

Federal Block Grant

FEDERAL
STATE &
LOCAL GRANT

AS FUNDING LASTS

CAP

COMMUNITY
ALTERNATIVES
PROGRAM - HHSA

- ADULTS WITH
DISABILITIES AT RISK OF
INSTITUTIONALIZATION

Other

MEALS PAID FOR BY
GRANTS, DONATIONS OR
FUNDRAISING
AS FUNDING LASTS

Private Pay

BASED ON MONTHLY
INCOME

\$7.70 PER MEAL

WILL A VOLUNTEER BE INFORMED OF WHICH TYPE OF RECIPIENT PAYMENT PLAN?
NO. A volunteer does not need to know, and it's HIPPA compliant information.

**REGARDLESS OF PAYMENT TYPE, WE TREAT ALL RECIPIENTS
EQUALLY, WITHOUT JUDGEMENT, AND WITH RESPECT.**

We offer an opportunity for *Consumer Contributions* Quarterly from Recipients who want to contribute towards no cost meals paid for by grants.

January



April



July



October





MORE ABOUT DELIVERY



**MEALS ARE DELIVERED
BETWEEN 10AM AND NOON**



**ALL MEALS ARE DELIVERED
BY CARING VOLUNTEERS.**

**SOMETIMES BY MEALS ON
WHEELS STAFF.**

**PLEASE CALL MEALS ON
WHEELS AS SOON AS
POSSIBLE TO LET SOMEONE
KNOW IF YOU DON'T NEED
MEALS.**

**RECIPIENTS MAY BE
CHARGED FOR MISSED
MEALS**

MOW Staff Includes:

- ☐ Program Manager
- ☐ Program Supervisor
- ☐ Kitchen Supervisor
- ☐ Cook I
- ☐ Cook II
- ☐ Processing Assistant III

www.MealsOnWheelsAmerica.org

**HAYWOOD COUNTY
MEALS ON WHEELS IS
A PROGRAM OF**

**HAYWOOD COUNTY
HEALTH AND HUMAN
SERVICES AGENCY**

**AN EQUAL
OPPORTUNITY
EMPLOYEE**

Haywood County Meals on Wheels

157 Paragon
Parkway
Clyde, NC
28721

**DONATIONS
CAN BE
SENT TO :**

LUNCH

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

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